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From the Principal's Desk



FRANCIS
CASTELINO

Man or woman, youngster or elder, all like to be independent but one cannot free oneself completely. The child depends upon the parents, neighbour upon another neighbour, friend upon another friend. Even countries, however, self-sufficient or prosperous, cannot live in isolation. To live fully and richly, man need not deny himself the satisfaction of his own needs.

It is also not necessary that he cuts short his personal advancement. But he must reach beyond himself and his needs. His life belongs not solely to himself and to people who stay with him. It belongs to all people and for its fulfillment it depends on all.

A proud person who thinks he needs nobody is fooling himself. If we go to the source of our daily blessings we will have to eventually look up skyward and thank God for the sun and rain on which our very existence depends. The more you think of your fellowmen, the more you will realize their worth. To the creator the cobbler is as important as the king. God has so shaped the world that the master cannot do without the servant and the servant without the master. Only the life that is interdependent provides peace and progress.

"Only the life that is interdependent provides peace and progress."

Let us live together in peace and harmony, not just looking into our educational status, religion and colour but be led by the spirit of the only one God, the creator, the savior and the merciful, the most forgiving.

Excellent Board Results in ISC/ICSE-2018

Yet again, Unity College chronicled a brighter trail blazing success in the ISC and ICSE 2018. The 100% result is seasoned with rich dividend as in ISC, total no. of 132 candidates wrote the exam, out of which 13 secured 90% and above while 43 scored between 80% and 90%. In ICSE, out of 124, 14 students secured 90% and above followed by 28 students obtaining 80% and above.

Fatima Butool who scaled the ISC peak with 98%, wants to make a career in journalism. The daughter of a Maulana decoded her success mantra- Confidence in myself, dedication and Time Management Along with the proud sister, her brother Samin Raza too got the top honour in ICSE Science with 95%. He aspires to pursue a career in Engineering. Sadiq Husain Rizvi who topped XII Commerce with 91.75% believes that perfect practice makes a man successful. Aalisha Rizvi in X-Commerce, gave credit to the Almighty first then her teachers who never failed to provide proper guidance.

The morning of pride and exultation became blessed when the College President Dr. S. Kalbe Sadiq graced the occasion with his benign presence despite severe illness. College Principal Mr. Francis Castelino congratulated the students, parents and all the teachers for the remarkable result. He wished good luck for their bright future. Joint Secretary Dr. Mohd. Talha said that the outstanding result this year is not the limit but a beginning towards higher honours.



Drive Against Meningitis

Aagan Badi Teacher Ms. Sarita Singh and Dr. Andaleeb Rizvi from Peer Bukhara Kendra Rais Manzil, visited Unity College on 7th April, 2018 under the Health programme of the U.P. Government to fight Japanese Encephalitis (JE). They discussed the fatal fever, its symptoms and also apprised teachers of its antidote vaccination for children up to 15 years. The teachers made students aware of JE and the preventive measures too. Later Dr. Andaleeb Rizvi guided the parents at the Parents Orientation.

Unit Test I and PTM

The I Unit Test for the session 2018-19 commenced on 4th May, 2018. The students appeared with full preparation and zest. The PTM was conducted on 19th May, 2018. The Unit Test papers were given to the parents. It was also the last working day before the summer vacation.

Summer Classes

The College organized Summer Coaching Classes for Class X & XII after the school closed for summer vacation. These classes started from 21st May and continued till 27th May, 2018. Core subjects like English, Mathematics, Science, Economics, Commerce, Social Studies were included.

Mother's Day Special

Unity College celebrated Mothers Day with all dedication in the morning assembly of 14th May 2018 to all mothers. The programme commenced with the poetry recitation that appealed to senses and touched the very chord. Next was the highly emotional action song Aisa Kiyoon Maan? The stage show transported the audience to the safe refuge of their mothers lap. Eyes became numb and hearts turned nostalgic remembering their respective mothers. The mesmerizing programme was appreciated with a big round of applause. The Principal urged the children to love their mothers, respect and obey them and always have a kind wish for them. He stressed that one who obeys his mother and cares for her, leads a happy, contented life.

Celebrating the occasion brimmed with love and affection, the Pre-Primary Section also observed Mothers Day on 18th May, 2018. The tiny young minds were imprinted with the significance of a mother, as they indulged in a fun-filled creative affair, through the day.

The Prep children, tirelessly built adorable homes using lolly sticks and ornamented them with vibrant decorations. Further they captioned their attractive shelters with Home is where mom is



The sweet and charming breeze of Mothers Day swept across the classrooms of Upper and Lower Nursery as well, witnessing a plethora of doting artistries, commemorating the event. Displaying an aura of meticulous zeal, for their mothers, the children of Lower Nursery carved florals, on coloured sheets of paper and stuck the photos of their mothers. Scribbled with warm revelations, the different and pretty Mommy Flowers were quite arresting.

Based on the theme, My love for you keeps growing the mini scholars of Upper Nursery created trees adorning bright hearts filled with written reflections, which unleashed fondness for their wonderful nurturer.



NCC at Unity College

Unity College has introduced NCC for Girls from 2018. A team of NCC personnel comprising Purnima Bajpai, GCI, Ms. Amita Singh GCI-1, Subedar Rajendar Singh and Hawaldar NK Shinde from 19 UP Girls Battalion, Lucknow conducted the Selection process in the college on 28th of May. The criteria for selection was date of birth, height and special talent in sports or literary activities. With the installation of the NCC programme, the college has opened new avenues of bright careers besides instilling virtues of Unity, Duty & Discipline amongst students.

Extension of Iftaar

During the holy month of Ramadaan, a group of senior students along with the College Counsellor Ms. Nisar Fatima visited Era Medical College, Lucknow with an aim to practice the teachings of the Prophet Muhammad (PBUH) to extend our table especially during the days of fasting.

The students met the patients there and distributed healthy food packets among the patients. They presented the first packet to the College President Dr. S.Kalbe Sadiq who had been admitted there owing to his long illness.



Later, the company visited a slum in Thakurganj and distributed food packets among the poor and the hungry. These types of trips are religiously encouraged by the College as it imbibes compassion and empathy among the youngsters.

Teacher's Orientation

Post summer break, Unity College organized the Orientation Programme for the teaching faculty with an aim to enhance their child management and disciplinary skills on 30th June, 2018. Principal Mr. Francis Castelino welcomed Dr. Jyoti Dubey, Psychiatrist from Balrampur Hospital to speak on Emotional and Behavioural problems in children and adolescents. She apprised them to be able to evaluate and recognize common childhood psychiatric disorders and to manage the same. She also gave tips on how to recognize behavioural as well as academic disorders, and some behaviour therapies too. She stressed on positive and negative reinforcement rather than direct punishment. It was followed by an interactive session with the teachers.

They discussed general cases of disobedience in classes. Dr. Dubey suggested some light measures to deal with the problem. The session concluded with the vote of thanks by Vice Principal Mr. Anoop Raj.

There were simultaneous workshops conducted by Ms. Shamim Abidi from Zurich with the Pre-primary Teachers. The workshops were based on child centric teaching and activities that would enable them to understand the concepts. The emphasis of the workshop was on Understanding and to move away from Rote-learning



Spring Fest 2018

Unity College opened its Off Campus Achievements Account of 2018-2019 with the dazzling success at Spring Fest of Spring Dale College, Lucknow. The team participated in Math-E-Maze, Power-Tech, Tech-Savvy and Liron. The team of senior girls namely Andleeb Rizvi, Wafi Zehra, Noori Rizvi, Sidra, Areeba and Nabeela Idrisi who ventured in the arena of Liron A Poetry Rendition Competition brought laurels to the college by clinching the Second place among fourteen reputed schools of the city.



Fresher's Day

The blissful day of 18th April, 2018, marked the scholastic beginning for the tiny tots, as they set foot, in their respective classes. Adorning attractive props, and welcoming little stunning scholars, dressed in bright apparels, the section was abuzz with high energy, throughout the day.

Each class indulged in a separate activity, bringing out the creative instincts of the children. While Lower Nursery organised a Crown Making activity, the small hands from Upper Nursery, worked eagerly at Card Making. It was simply elating for them to hold their own piece of creativity and feel proud of it.

Further the children from Prep, participated in the activity I am Special, where, they made and decorated beautiful mirrors. A recitation drill was also carried out, on the basis of which Little Prince and Little Princess were selected and honoured from every class.



Ambedkar Jayanti

Unity College held a special assembly to mark the birth anniversary of Dr. Bhimrao Ramji Ambedkar. Speaker Butool Kazmi of Class VIII A threw light on the life-story of the Founder Architect of the Indian Constitution, the first man in Asia who earned so many high degrees and the social reformer who supported not only SC/ST people but also the backward and the fair sex. He campaigned against social discrimination against untouchables while also supporting the rights of women and labourers. He was the founding father of the Republic of India who ignited the people to stand for their rights.



Parents' Orientation at Middle School

Unity College ushers in the new session with its promising curricular agenda rolling for its students. It was conducted in the month of April, 2018 for the Middle School parents. The programme was structured to harness the maximum involvement of parents in guiding their wards towards a successful future as well as to help them understand the transition of their wards from one level to the other and how they can best support them through those transitions.

The session concluded on a positive note of mutual cooperation and co-ordination between the teachers and parents to boost the students academic and social skills for a bright future.

Unity Alumni Shining

Alumni of Unity College added feathers to its cap by pursuing high academic courses. Ex Student Dr. Mohd. Qaim Rizvi, MBBS from KGMU, Lucknow is selected for MD pediatrics at Motilal Nehru Medical College, Allahabad. Another brilliant alumnus Dr. Muqtadir Jamal, MBBS from KGMU got admission in MS (ENT) at Motilal Nehru Medical College, Allahabad. More words of appreciation for him as he cracked MBBS with 347th rank in UP. Mr. Francis Castelino congratulated both aspirants and wished them higher success.

Parents' Orientation at Pre-Primary & Classes I & II

The Orientation Programmes for the parents of Pre-Primary and classes I & II were held on three different days in April, 2018 at Unity College. As customary, the sessions were to abreast the parents with the ethos of the college and the spirit behind its pedagogy. Above all, they were to spring a robust bonding between the school and parents to enable a harmonious learning process. Addressing the parents, Headmistress Ms. Kainaat Mansoor familiarized the parents with the functioning of the college and all facilities available especially the QSchool programme inducted from the present session for U.N and Prep classes.

Then Dr. Andaleeb Rizvi, Govt. of India apprised the parents of the free service of vaccinations for children up to 15 years of age at Seva Sadan. She stressed on the antidote of Japanese Encephalitis (JE) which is spreading widely these days.



Hope Initiative

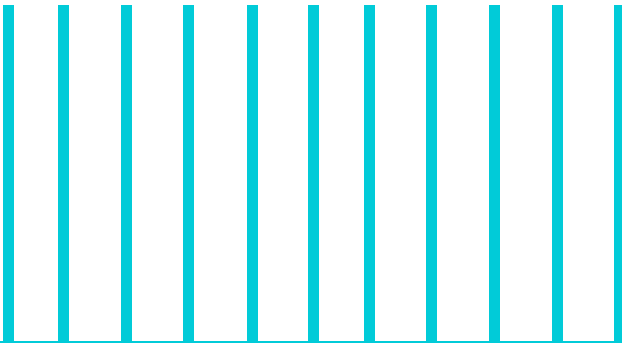
On 6th April, 2018 Hope Initiative conducted a Health and Hygiene session at Unity College to mark the World Health Day. Expert Mrs. Reshma Sami conducted the workshop. She told the importance of cleanliness, healthy eating habits, and personal as well as community hygiene. Besides, she advised to drink sufficient amount of water and not to use plastic water bottles or Tiffin boxes. She also told the seven steps to wash hands properly and keep away from diseases. The stress was Preventive measures are far better than suffering from ailments. It proved to be a successful awareness drive for health and hygiene.



Celebrating Mid Sha'ban

Unity College conducted the special assembly on 4th May, 2018 to mark Mid Shaban and to commemorate the birth anniversaries of Mohammad al Mehdi (AS) the 12th Imam, and Hazrat Abbas (AS). The objective was to sensitize the students to the significance and virtues of the intervening night of 14th and 15th Shaban. A number of enlightening speeches and mellifluous Qaseedas were presented on the occasion. The speakers Safia Zehra (IX-A) and Ahmad (XII-D) stressed that it is our duty to look up to the learned noblemen for guidance and follow their teachings. The whole programme was anchored in a mesmerizing manner by Head Boy Mohd. Fras who kept the audience curious about What next?

Principal applauded the students for presenting such a thought provoking programme.



Parents' Orientation for X & XII

Unity College held the orientation program for the parents of classes X and XII on 21st April, 2018. It was designed to assist parents understanding of the college, its academic programmes, and its students services, besides highlighting their role in achieving the far sighted vision of the all-round development of students as well as their academic success.

In the end, the parents were given a chance to share their views too. The parents showed a keen interest in the various programmes offered by the College. They expressed gratitude for the comprehensive information regarding career avenues.

Visit to the 10th International Children Film Festival at CMS

On 7th April, 2018, excitement and enthusiasm was the highlight as classes V to IX of Unity College boarded the buses to reach the venue of the 10th International Children Film Festival at CMS, LDA Branch. The fortnight long festival was organized by CMS Films and Radio Division, Lucknow with an aim to celebrate excellence and childhood for World Peace and Unity. The children were thrilled to watch some of the best educational and motivational childrens films.

Labour Day

A special assembly overflowing with emotions and enthusiasm was conducted at Unity College to mark the Labour Day. The objective was to celebrate and recognize the contributions of workers to the economy. A short but captivating skit was presented showcasing the inauguration of a metro station by a labourer as per the suggestion of an honourable Minister. The performance stressed on the importance of manual labour, the foundation of every great work. It was a thoughtful tribute to the contributions workers have made to the strength, prosperity and well-being of our nation.

Three Cheers for the 2018 Board Results

Unity College 2nd shift exults over the exceptional Board Results this year too. Besides the 100% passing of High School and Intermediate, the College takes pride in noting the merit percentile. In High School, a total of 57 candidates wrote the exam, out of which 2 students secured above 80%, 27 students got 70% and above, while all passed with I division except one obtaining II division. Maintaining the merit scale in Intermediate too, out of 27 candidates, 4 students secured 70% and above while 27 students marked the 60%-70% category leaving only 5 with II division marks. The overall average marks are no less commendable as in Class X, English scaled 80 followed by 78 in Hindi, 75 in Home Science, 74 in Social Science and Urdu each.

Class XII marked 73 in Hindi, 67 in English and 65 in Business Organization and Banking. Mantasha Fatima and Syed Jari Abidi shared the top place in Intermediate. Mantasha Fatima who secured 72.80% (English -85, Hindi -76, Business Organization and Banking-74) says that good marks in the Board examination has made her more confident, and now she plans to pursue Chartered Accountancy. While Jari Abidi who scored 72.80% (Hindi-81, English-75, Book Keeping and Accountancy-78) is the son of a book-binder. He aspires to make a career in Banking.

College Manager Dr. S. Kalbe Sibtain Noori and Principal Ms. Shabana Ahmed applauded the students as well as their teachers for the remarkable results. Dr. Kalbe Sibtain acknowledged the philanthropic vision of his father and founder President Dr. S. Kalbe Sadiq and said his relentless efforts for the Free Education Programme for the downtrodden has flourished. Now seeing the meritorious results, he believes the new generation would surely carve a niche for themselves in the main stream.

Counselling Session for the Pass Outs

A special counselling session was organised with the resource persons from Unity-ITI and Nehru Yuva Kendra on 4th May, 2018. Preparing children for the transition from school to college becomes an important service, as many of the students do not have any adult in their life to provide the necessary guidance. The session began with some general questions like the subject- choice, their aims in life and so on. Children were told about the vocational courses. Besides, they were empowered to confidently tackle with the admission issues, and to apply for scholarships and admission in time. Principal Ms. Shabana Ahmed thanked the resource persons for updating the students.

Mother's Meet

In order to discuss a child's progress in school, Mothers Meet was organised in the school on 17 April 2018. Addressing the mothers, College Principal Ms. Shabana Ahmed stressed on punctuality and neatness. She advised the parents to follow the basic rules of personal hygiene and healthy eating habits. She also abreast the mothers with the Montessori method which helps in bridging the gap between home and school. Later, she interacted with them discussing the ways for the all-round development of students.

A Lecture on Health and Hygiene

Unity College 2nd shift students were privileged to have a special lecture on health, hygiene, and sanitation on 3rd April, 2018, conducted by Hope Initiative. The resource person Ms. Reshma told the children about the seven steps of hand washing. According to her, the simplest way for school and parents to help avoid illnesses, is the age old mantra of effective hand washing. Students were also told the correct way of brushing their teeth.

Students benefitted a lot from this workshop. After all, life is not merely about living, but living in good health.

Workshop on Traffic Rules

To make students aware of the various traffic rules, a workshop was conducted for the students of grades VII to X on 11th May, 2018. Inspector Mr. Bhagat Singh was invited to brief the students about the various traffic rules that should be followed in order to maintain safety on roads. They were encouraged to follow the rules because even the slightest of mistake made on the road leads to fatal accidents. They understood the consequences of over speeding, signal jumping, carelessness, not wearing seat belt or helmet, use of mobile phones while driving and other unlawful practices on the road.

Montessori Classroom Visit & Teacher's Training

Ms. Shamim Abidi, an expert in Montessori teaching visited the campus, observed the classrooms and conducted training workshops from 28th June to 8th July 2018. She expressed her amazement over the playful and orderly atmosphere of the Montessori classrooms. She trained a group of nine teachers of L.N. & U.N. She emphasized on the work which should have a real life application, as children are far more attached to the activities, which they have seen in their day to day lives, for example spooning, pouring, buttoning, tying and sweeping. These are independent life skills and children are developing essential fine and gross motor skills. She also stressed on the work which must have a control of error. She also taught the teachers how to make play dough which can be used as clay. She laid emphasis on the qualities of a good Montessori teacher who is well trained and who follows the child, and is highly experienced in observing the individual child's characteristic, tendencies, innate talents and abilities.

Overall this training workshop was really very interesting, helpful, useful, informative and fun filled and Montessori teachers gained a lot of knowledge and skill from it.

Unity College 2nd Shift at CMS

Students tripped to CMS World Unity Convention Centre, Kanpur Road, Lucknow to attend the 10th International Film Festival. As films serve as the best medium of entertainment amongst various recreational activities, excitement becomes tenfold when films are none other than international children's films.

Children enjoyed the presence of the Chief Guest Mr. Hriday Narain Dixit, speaker of U.P. Legislative Assembly. Children were shown the movie Gullivers Travels followed by Unity Peace Prayer presented by CMS students.

A Session on Mental Health

To promote good mental health among students of X and XI, a session was planned with Dr. Jyoti Dubey, clinical psychologist, Balrampur Hospital, Lucknow. She said that children are taught from a young age how to take care of their bodies, but looking after their minds comes later. She told simple steps to look after their mental health. They need to be aware that things may sometimes go wrong but that is O.K. Resilience is undoubtedly one of the most valuable skills, they can develop. Students met her individually and discussed their emotions like joy, sadness, fear, anger & disgust. They told her about their phobias also.

This session was helpful in boosting them to think about simple steps to look after their mental health.

Mother's Day Celebration

The day that celebrates the essence of a mother is Mothers Day. Keeping this bonding in mind, Unity College 2nd Shift had a special celebration on 14th May, 2018 to sensitize the students towards motherly love and care, her protection and sacrifice, and to salute all mothers too. The students of Upper Nursery organized many games and competitions for the mothers of Unity College students like Mehndi Competition and Fireless Cooking like Salads and Sandwich Making. The mothers thoroughly enjoyed themselves and participated with great zeal.



The judges for the competitions were Ms. Kainaat Mansoor, Headmistress and Ms. Nisar Fatima Counsellor, Unity College. The vote of thanks by Principal Ms. Shabana Ahmed concluded the programme.

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